

Organiser:



When to Worry About Back & Neck Pain?

Spinal conditions affect many people.

The Singapore Spine Society invites a panel of orthopaedic and neurosurgical specialists along with physiotherapists working in public and private hospitals to discuss about the common causes of spinal conditions that lead to neck and back pain, spinal deformities and fractures.

Using their wealth of experiences, these doctors would share signs and symptoms of potentially serious spinal conditions. This is a good opportunity to meet the experts who are active in their field to discuss about the most up-to-date management strategies. Onsite bone mineral density of the heel is also available.

Date : 30 March 2019 (Saturday)

Venue : HDB Hub Convention Centre (Toa Payoh)

Time : 9.30am to 12.30pm (Mandarin Session) or
2.00pm to 5.00pm (English Session)

- Snacks provided • Free Goodie Bags
- Free Heel Bone Mineral Density check
- Participants are to be seated 15 minutes before the programme commences

ADMISSION
FEE:

\$5

per pax/
per session

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主办者:



脊柱疾病的警讯

你有被脊柱的疾病困扰吗? 新加坡脊柱协会邀请国内经验丰富的骨科和神经外科专家以及物理治疗师分析造成颈痛, 背痛, 脊柱侧弯和骨折的原因。专家们将以他们丰富的个人与集体经验, 与大家分享最先进的治疗方案。现场会有免费的脚跟骨质密度测试。敬请踊跃参与并借此机会与专家们商讨改善脊柱疾病的情况。

日期 : 2019年3月30日 (星期六)
地点 : HDB Hub 会展中心 (大巴窑)
时间 : 上午9时30分至中午12时30分 (华语讲座)
或下午2时至5时 (英语讲座)

- 提供小吃 • 免费小礼品
- 脚跟骨质密度免费测试
- 与会者必须在讲座开始前15分钟就座

每场
讲座费
每人5元

即可报名: 请前往

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